

3-Day Schedule of Events

Monday / Friday

Day 1

9:00 - 9:15 A.M. Welcome
 9:15 – 9:45 A.M Warm-Up / Capture Video
 9:45 – 10:30 A.M. Full Swing Dynamics
 10:30 – 11:30 A.M Video Analysis
 11:30 - 12:15 P.M. Mastering the Basics
 12:15 – 1:00 P.M LUNCH
 1:00 – 1:45 P.M Chipping
 1:45 – 2:45 P.M Impact Zone
 2:45 – 3:00 P.M Recap
 3:15 - ? Students Play Golf

Tuesday / Saturday

Day 2

8:30 – 9:00 A.M Club-fitting Presentation (Optional)
 9:00 - 9:15 A.M. Stretching
 9:15 - 10:00 A.M. Pivot
 10:00 – 11:00 A.M. Dynamics of the Swing – Ball Striking
 11:00 – 12:15 P.M. Putting
 12:15 – 1:00 P.M LUNCH
 1:00 – 1:45 P.M Dynamics of the Swing – Ball Striking
 1:45 – 2:45 P.M Driving with Authority
 2:45 – 3:00 P.M Recap
 3:15 – 4:45 P.M On-Course Instruction
 4:45 - ? Students play golf

Wednesday / Sunday

Day 3

9:00 - 9:15 A.M. Stretching
 9:15 - 10:00 A.M. Pitching
 10:00 – 10:45 A.M Pivot
 10:45 – 11:30 A.M Dynamics of the Swing / Re-Capture Video
 11:30 – 12:15 P.M Bunkers
 12:15 – 1:00 P.M LUNCH
 1:00 – 2:15 P.M 2ND Video Analysis – Written Game Plan
 2:15 – 2:45 P.M Closing
 3:15 - ? Students play Golf