

5-Day Schedule of Events

Monday

Day 1

9:00 – 9:15 A.M. Welcome
 9:15 - 9:45 A.M. Warm Up – Capture Video
 9:45 – 10:30 A.M. Full Swing Dynamics
 10:30 – 11:30 A.M. Video Analysis
 11:30 - 12:15 A.M. Master the Basics
 12:15 A.M. – 1:00 P.M. LUNCH
 1:00 – 1:45 P.M. Chipping
 1:45 – 2:45 P.M. Impact Zone
 2:45 – 3:00 P.M. Recap
 3:00 - ? Students Play Golf

Tuesday

Day 2

8:30 – 9:00 A.M. Club-fitting Presentation (optional)
 9:00 - 9:15 A.M. Stretching
 9:15 - 10:00 A.M. Pivot
 10:00 – 11:00 A.M. Dynamics of Swing
 11:00 – 12:15 A.M. Putting
 12:15 – 1:00 P.M. LUNCH
 1:00 – 1:45 P.M. Dynamics of the Swing
 1:45 – 2:45 P.M. Driving with Authority
 2:45 – 3:00 P.M. Recap
 3:15 – 4:45 P.M. On-Course Instruction
 4:45 - ? Students play golf

Wednesday

Day 3

9:00 - 9:15 A.M. Stretching
 9:15 - 10:00 A.M. Pitching
 10:00 – 10:45 A.M. Pivot
 10:45 – 11:30 A.M. Dynamics of the Swing / Re-Capture Video
 11:30 – 12:15 P.M. Bunkers
 12:15 – 1:00 P.M. Lunch
 1:00 – 2:45 P.M. Dynamics of the Swing / Ball Striking
 2nd Video Analysis
 2:45 – 3:00 P.M. Recap
 3:15 - ? Students play Golf

Thursday

Day 4

9:00 A.M. - 9:15 A.M. Stretching
 9:15 – 11:15 A.M. Greenside Scoring
 -Chipping

-Hinge and Hold
-Toss Shot
- Lob Shot

11:15 A.M. – 12:15 P.M. Dynamics of the Swing – Pre Shot Routine

12:15 – 1:00 P.M LUNCH

1:00 – 2:00 P.M Putting – Pre Shot Routine

2:00 – 2:45 P.M Driving / Fairway Woods

2:45 – 3:00 P.M Recap

3:15 – 4:45 P.M On-Course Instruction

4:45 - ? Students Play Golf

Friday

Day 5

9:00 - 9:15 A.M. Stretching

9:15 - 10:15 A.M. Bunkers

10:15 – 10:45 A.M. How to Practice

10:45 – 12:00 P.M. Dynamics of the Swing – Ball Striking
Re-Capture Video

12:00 – 12:45 P.M LUNCH

12:45 – 1:30 P.M Hall of Fame Tour

1:30 – 2:30 P.M Final Video

2:30 – 3:00 P.M Closing

3:15 – ? Students play golf